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FACETITE IS A MINIMALLY-INVASIVE FACE AND NECK CONTOURING DEVICE THAT'S BEEN APPROVED BY THE US FDA FOR ITS SAFETY AND EFFICACY PROFILE





## Morpheus 8 and FaceTite — the golden facial combination

Dr Ali Ghanem talks about the latest innovations being used in his Harley Street practice to treat facial skin laxity

Ageing affects all facial tissue: bone resorption, fat loss, muscle changes and skin thinning — all contributing to the signs that show the passing years on our faces. However, it's the laxity of the skin that leads to folds and wrinkles, which has the most dramatic effect.

and wrinkles, which has the most dramatic effect. To address facial ageing, the aesthetic medical practitioner must attempt to reverse the signs of ageing from the surface to the foundation. Technological advances and a better understanding of human tissue characteristics mean there are many options to treat volume loss, pigmentation changes and skin laxity in its earliest forms, before they lead to fine lines and wrinkles. However, for moderate to severe forms of skin laxity, surgery was for a long time the only method available with all the caveats of long scars, downtime and associated risks.

In this modern productive society, many people are unable to afford the downtime and risks associated with surgery. They wish for a refreshed look that can boost their confidence



without the telltale signs of surgery or the relatively long recovery time before seeing results. Alternatives to address skin laxity range from camouflaging it by filling under the lax tissue to suspending the tissue or shrinking it. However, here comes the wonder of the radiofrequency technology in its treatment of both superficial layers of the skin (Morpheus 8) and deep tissue (FaceTite).

Morpheus 8 is a radiofrequency augmented microneedling device that can deliver its energy at a depth of 4,000 microns with an extremely uniform effect with little to no thermal damage to the skin surface. The combination of its long needles and silicone insulated shafts makes it a safe device to use in all skin types and shades, with little risk of post inflammatory hyperpigmentation (PIH), which is common with other resurfacing methods.

FaceTitle is a minimally-invasive face and neck contouring device that's been approved by the US FDA for its safety and efficacy profile. For early to moderate skin and neck

laxity, in patients who don't wish to undergo surgical interventions, this is a safe, effective and exciting treatment that offers significant improvement of skin laxity and impressive aesthetic results.

The combination of Morpheus 8 and Facetite addresses skin laxity through differential tissue and three-dimensional remodelling that's the next best thing to a formal facelift. What I like about it most, is the built-in integrated safeguards of real time measurements of skin and fat temperature and audible feedback leading to automatic power cut-off if the tissue receives too much energy during the treatment. This greatly ensures patient safety.

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